

## COVID-19 Mitigation Measures for the 2022-23 School Year

(Date: August 16, 2022)

*Note: This document is updated periodically to reflect the most up-to-date guidance from CSDE, DPH and the FVHD.*

The Farmington Public Schools follows the guidance and requirements of the Connecticut Department of Public Health (DPH) in partnership with the Connecticut Department of Education (CSDE), and the Farmington Valley Health District (FVHD) in responding to the COVID-19 pandemic. Below you will find the current status of mitigation measures for the 2022-23 school year per DPH in partnership with CSDE and FVHD. We will continue to update this document as new information is received from CSDE, DPH and FVHD.

Questions about these mitigation measures may be directed to the District COVID-19 Liaison, Scott Hurwitz, Assistant Superintendent of Finance and Operations, at (860) 673-8270.

Mitigation Measure	2022-23 School Year
Daily Health Screening for Parents & Staff	<ul style="list-style-type: none"> <li>● Continue to use the <b><u>screening tool</u></b> before departing for school each morning</li> <li>● Stay home when experiencing symptoms</li> </ul>
Student / staff member is ill	<ul style="list-style-type: none"> <li>● Refer to the daily <b><u>screening tool</u></b> for a list of COVID-19 symptoms</li> <li>● Per <b>Test-Mask-Go</b>: If your symptoms are <u>mild</u> (e.g., infrequent cough, congestion, runny nose, sore throat, etc.), you may continue to go to school as long as:               <ul style="list-style-type: none"> <li>○ You tested negative for COVID-19 before leaving for school on each of the mornings you have symptoms, as well as on the first morning those symptoms have completely resolved; AND</li> <li>○ You are fever-free (&lt; 100°F) and feel well enough to participate in school, AND</li> <li>○ You do not reside with anyone who has had COVID-19 in the past 2 weeks, AND</li> <li>○ Masks are strongly recommended at school until symptoms have improved.</li> </ul> </li> <li>● Stay home and get tested if:               <ul style="list-style-type: none"> <li>○ You have a fever (≥ 100°F) or feel feverish (do not go to school until the fever has resolved for at least 24 hours without the use of medication), OR</li> <li>○ You live with someone who tested positive for COVID-19 within the past 2 weeks.</li> </ul> </li> </ul>
Testing: Student / staff member is awaiting a COVID-19 test result	<p><b><u>Please do not come to school</u></b> until test results are obtained.</p> <ul style="list-style-type: none"> <li>● PCR, rapid and home-tests are acceptable per FVHD and DPH.</li> <li>● Families who need a home test kit for their child should contact the school to arrange a time to pick one up (students may not transport test kits home). Staff may obtain a home test kit from the main office.</li> <li>● If you are symptomatic and the result of a rapid or home test is:               <ul style="list-style-type: none"> <li>○ <u>positive</u> → no further testing is required</li> <li>○ <u>negative</u> → you are strongly recommended to seek a PCR test, if possible, to confirm.</li> </ul> </li> </ul>
Testing: Student / staff member tests <u>positive</u> for COVID-19	<p><b><u>Please do not come to school!</u></b></p> <ul style="list-style-type: none"> <li>● Isolate for at least 5 full days from the date of testing or symptom onset</li> <li>● You may return to school on day 6 (date of symptom onset or, if asymptomatic, date of test, is considered day 0) if:               <ul style="list-style-type: none"> <li>○ You are fever-free without medication for 24 hours, AND</li> <li>○ You experience a significant improvement in symptoms, AND</li> <li>○ You wear a mask consistently and appropriately at school through day 10.</li> </ul> </li> </ul>

	<ul style="list-style-type: none"> <li>● If you choose to not wear a mask on days 6 through 10 while at school, or you are unable to do so, FVHD recommends you remains home until day 11.</li> <li>● If symptoms persist, stay home longer until they are resolved.</li> </ul>
Testing: Student / staff member tests <u>negative</u> for COVID-19	<ul style="list-style-type: none"> <li>● You may return to school when you have been fever-free without medication for 24 hours and there is a significant improvement in symptoms.</li> </ul>
Exposure to a COVID-positive individual (“close contact”)	<ul style="list-style-type: none"> <li>● Refer to the daily <b>screening tool</b> for a list of COVID-19 symptoms</li> <li>● Per <b>Test-Mask-Go</b>: If your symptoms are <u>mild</u> (e.g., infrequent cough, congestion, runny nose, sore throat, etc.), you may continue to go to school as long as: <ul style="list-style-type: none"> <li>○ You tested negative for COVID-19 before leaving for school on each of the mornings you have symptoms, as well as on the first morning those symptoms have completely resolved; AND</li> <li>○ You are fever-free (&lt; 100°F) and feel well enough to participate in school, AND</li> <li>○ You do not reside with anyone who has had COVID-19 in the past 2 weeks, AND</li> <li>○ Masks are strongly recommended at school until symptoms have improved.</li> </ul> </li> <li>● Stay home and get tested if: <ul style="list-style-type: none"> <li>○ You have a fever (<math>\geq 100^{\circ}\text{F}</math>) or feel feverish (do not go to school until the fever has resolved for at least 24 hours without the use of medication), OR</li> <li>○ You live with someone who tested positive for COVID-19 within the past 2 weeks.</li> </ul> </li> </ul>
Contact Tracing	<ul style="list-style-type: none"> <li>● Individual case investigation for all school cases is no longer recommended by DPH.</li> </ul>
Masks in school & on district transportation	<ul style="list-style-type: none"> <li>● Mask wearing by students and staff while in school or on district transportation is <u>optional</u> at this time, although it is strongly encouraged.</li> <li>● <b>Required for any student or staff member who visits the Health Office with any COVID-like symptoms or who visits the Health Office for any other reason while someone else with COVID-like symptoms is present</b></li> <li>● Schools have a limited supply of N95 masks available in the main office</li> </ul>
Hand washing & sanitizing	<ul style="list-style-type: none"> <li>● Students and staff will teach and practice regular handwashing and hand hygiene</li> <li>● Hand sanitizer stations provided in classrooms and throughout school</li> </ul>
Social distancing	<ul style="list-style-type: none"> <li>● Students should, when practical and/or feasible, be seated so as to maximize social distancing.</li> </ul>
Cleaning & Disinfection	<ul style="list-style-type: none"> <li>● Routine daily cleaning of classrooms, offices, and buses etc.</li> <li>● Daily disinfection of restrooms and Health Office</li> </ul>
Ventilation	<ul style="list-style-type: none"> <li>● Recommendations about enhanced ventilation (i.e., maximizing fresh air intake) remain in place</li> </ul>
Vaccinations	<ul style="list-style-type: none"> <li>● DPH and FVHD, along with the US Centers for Disease Control and Prevention and the American Academy of Pediatrics, highly recommend COVID-19 vaccination as an important mitigation practice to prevent the spread of illness. According to DPH, the effectiveness of all other mitigation strategies at a school depends on the COVID-19 (and flu) vaccination rates among the students and staff of the school.</li> <li>● At this time, everyone 6 months of age or older can receive a COVID-19 vaccine, and many school-aged children are now eligible for a COVID-19 vaccine booster dose.</li> </ul>

	<ul style="list-style-type: none"><li>● Individuals are considered “fully vaccinated” 2 weeks after receiving the second dose of the Pfizer-BioNTech or Moderna vaccine, or two weeks after receiving the one dose of the Johnson &amp; Johnson vaccine.</li><li>● To locate a vaccination provider, please contact your healthcare provider or click <a href="#">here</a></li></ul>
Travel	<ul style="list-style-type: none"><li>● Please follow <a href="#">CDC travel advisory</a> at all times prior to returning to school after travel.</li></ul>

*\*All mitigation practices above are subject to change given ongoing guidance from DPH in collaboration with the CSDE as well as the FVHD.*