



SAMPLE Preschool Schedule

<u>Time</u>	<u>Activity</u>
7-9:00	Arrival/name tracing/center activities
9:05-9:25	Circle Time
9:30-9:45	Wash Hands/Bathroom/Snack
9:50-10:25	Recess (weather permitting)
10:30-10:45	Story Time/Mini-Lesson
10:50-11:45	Themed Centers
11:50-12:00	Clean up/Review of morning activities
12:05-12:35	Lunch
12:40-12:50	Get ready for rest time
1:00-2:30	Rest time
2:30-3:00	Music & Movement/Story time
3:00-3:15	Snack
3:15-4:00	Recess (weather permitting)/ Gross Motor Activities
4:00-4:45	Centers
4:45-5:00	Clean up/Story/Pack up