

February 2012

Middle & Upper Elementary School Menu



		01 Pasta with Meat Sauce or Marinara Sauce Tossed Salad Bread Stick	02 Grinder Day Ham, Turkey, Bologna, Salami, Tuna and egg Salad on 6" Sub Rolls Lettuce & Tomato Baby Carrots	03 Pancakes with Syrup Baked Ham Potato Puffs Orange Juice
06 Chicken Tenders with Dipping Sauce Corn off the Cobb Potato Puffs	07 Mozzarella Cheese Sticks with Marinara Sauce for Dipping Mixed Vegetables	08 Pasta with Meat Sauce or Marinara Sauce Tossed Salad Bread Stick	09 Hamburger or Cheese Burger or Jumbo Hot Dog on Buns with choice of toppings Italian Style Green beans French Fries	10 Pizza Slice Choice of Toppings Tossed Salad Choice of Dressing
13 Chicken Parmesan Sandwich (Chicken patty with marinara sauce, melted mozzarella on a wheat bun) Mixed Vegetables	14 Tomato Soup Grilled Cheese Sandwich on Wheat Bread Corn Chips	15 Pasta with Meat Sauce or Marinara Sauce Tossed Salad Bread Stick	16 Baked Potato Bar (Baked potatoes stuffed with chili, melted cheese sauce, broccoli, bacon bits and sour cream) Wheat Dinner Roll	17 Hot Open Turkey Sandwich on Wheat Bread with Gravy Sweet Peas Whipped Potatoes
20 <i>No School Presidents Day!!!</i> 	21 Chicken & Cheese Quesadilla (A whole wheat tortilla filled with cheddar cheese and seasoned white chicken) Served with shredded Lettuce, Sour Cream and Salsa	22 Pasta with Meat Sauce or Marinara Sauce Tossed Salad Bread Stick	23 Hamburger or Cheese Burger or Jumbo Hot Dog on Buns with choice of toppings Italian Style Green beans French Fries	24 Pizza Slice Choice of Toppings Tossed Salad Choice of Dressing
27 Chicken Nuggets with Dipping Sauce Corn off the Cobb French Fries	28 Beef Fajitas (A soft taco shell filled with seasoned beef, sour cream, lettuce, and salsa) Seasoned Rice	29 Pasta with Meat Sauce or Marinara Sauce Tossed Salad Bread Stick		

The daily lunch price is \$2.75. Sandwiches and Salad Meals are also available every day in the cafeterias and are priced at \$3.25. Choice of milk and fruit are included with all meals daily. Menus are subject to change.