

February 2012

World's Fare Menu @FHS



<p>06 Baked "Stuffed" Potato Bar (with Chili, Cheese Sauce, Broccoli and Sour Cream) Wheat Bread</p>	<p>07 Teriyaki Pepper Beef Steak Served with seasoned white rice</p>	<p>08 Shells with Meatballs in Marinara Italian Style Green Beans Garlic Bread</p>	<p>09 Chicken Salad BLT wrapped in a Tortilla with "Special Sauce" Macaroni Salad</p>	<p>10 Mexican Lasagna (Corn tortillas layered with cheddar cheese, onions, peppers and homemade chili) Corn off the Cobb</p>
<p>13 Meatball Subs with Peppers, Onions and Mozzarella Cheese Crinkle Cut Fries</p>	<p>14 Tomato Soup Grilled Cheese Sandwich on Whole Wheat Bread Corn Chips</p>	<p>15 Baked Ziti with Mozzarella and Ricotta Cheese Marinara Sauce Italian Style Green Beans Bread Stick</p>	<p>16 Buffalo Chicken Tenders with Ranch Dip Potato Salad Baked Beans</p>	<p>17 Pizza Wedge Pepperoni or Veggie Toppings Celery & Carrot Sticks with Dip</p>
<p>20 <i>No School Presidents Day!!!</i></p>	<p>21 Chicken Parmesan On a Sub Roll California Mixed Vegetables</p> 	<p>22 Rigatoni with Meat Sauce, Marinara Sauce or Garlic Butter Mixed Italian Vegetables Bread Stick</p>	<p>23 Shepherd's Pie (Layered ground beef, corn niblets and mashed potatoes topped with gravy) Whole Wheat Bread</p>	<p>24 Beef Fajitas (Seasoned beef tips wrapped in a flour tortilla with onions, peppers, sour cream, salsa and cheddar cheese) Corn Bread</p>
<p>27 Sloppy Joe on a Multi Grain Roll Corn off the Conn Potato Puffs</p>	<p>28 Chicken Tenders Whipped Potatoes with Gravy Peas and Carrots</p>	<p>29 Spaghetti with Meatballs Broccoli Cuts Whole Wheat Dinner Roll</p>		

The daily lunch price is \$2.75. Deli Sandwiches and Salad Bar Meals are also available everyday in the cafeterias and are priced at \$3.25.

Choice of milk and fruit are included with all meals daily. Menus are subject to change.